



November 15th, 2022

Welcome to the meeting!
Please sign in using the QR code.



HOSA Creed



I recognize the universal need for quality, compassionate healthcare.

I understand the importance of academic excellence, skills training, and leadership development in my career pathway.

I believe through service to my community and to the world, I will make the best use of my knowledge and talents.

I accept the responsibility of a health professional and seek to find my place on a team equally committed to the well-being of others.

Therefore, I will dedicate myself to promoting health and advancing healthcare as a student, a leader, an educator, and a member of HOSA-Future Health Professionals.

General Information



- **Point System**

- Cord: 1000 Points
 - over the span of multiple years depending on membership
- Made by CTE
- Has certain number of points for completing certain tasks
 - Example: Come to one meeting = 15 points

Competition

- **Fees**

- Competing: \$35-\$45
- Testing Fee: \$5-\$10

Scan the QR code to learn more about competitive events you may be interested in!

Today is the last day to register for competition!!

Competition Fees are due 11/28/2022

Your online testing fees are covered by a sponsor



FLC Recap!



Stay Connected!



↳ Remind Code - @23frhshosa

↳ Instagram: @hosaatridge

↳ Twitter: hosa_ridge

↳ Facebook: hosa.ridge

Missed a meeting? visit our website
for information you missed! ➡



Community service

Swipe to learn more

Donate Hygiene Items to Room 233 for Comm Service Hours!

Items donated will be given to a battered women's shelter.

To get hours you can:

1) Donate any of the following products: (All products must be sealed packages!)

- Shampoo
- Deodorant
- Body Wash
- Toothbrushes
- Toothpaste
- Razors
- Period Products

2) Write an encouraging note

- Women in these shelters are going through incredibly tough times and need all the positivity they can get.

10 Products = 5 hrs

5 cards = 1 hr

10 Products + 5 cards = 8 hrs

General Information



- The middle school will be coming to FRHS to learn about our leadership opportunities, on November 30th and December 1st! We will be needing volunteers for 2nd period only.
- We need 5 more volunteers so come see me and we will get your name down!

Guest speaker

Stick around to hear
from our guest
speaker :)



Guest Speaker

come meet and talk to our professional
tomorrow meeting at 4:05 in room 233

 

Michelle Vasquez
MSN, APRN, FNP-C

[LISTEN NOW](#)

The graphic is a vertical rectangular card with a light beige background. It features decorative elements including stylized leaf branches on the left and right sides, and clusters of small dots in the top-left and bottom-right corners. The text is arranged in a clear hierarchy, starting with the title 'Guest Speaker' in a large, bold, serif font, followed by the event details in a smaller sans-serif font. A central circular portrait of Michelle Vasquez is highlighted with a white border, and a play button icon is positioned to its upper left. Below the portrait, her name and credentials are listed in a bold sans-serif font, and a dark brown button with the text 'LISTEN NOW' in white is at the bottom.